# **Checklist & Best Practices**

# **Nanny**

#### **Know childcare basics**

You must be aware of supervising and monitoring child safety, preparing snacks and meals, changing diapers of toddlers and infants.





# Know the ins and outs of taking care of an infant

Infants need extra supervision; they give indications by crying. You must know when and how to change the diaper, how to bottle feed, etc.



#### Learn the house rules and follow them

Be aware of things that are allowed for the kids, activities that are forbidden, and bedtime for kids. These will be different in each house.



#### Be respectful all the time

Cultural practices, food, and behaviors must be followed and respected as per the family.



### Have safety training

First aid and pediatric CPR/AED is a recommended task for any emergency.



### Keep emergency contact

Contact number of the parents and anyone that may be required to contact in case of emergency should be handy.



# Have the knowledge to handle and prevent common kid behavior

Issues like separation anxiety, bedtime battles, and transition troubles need to handle carefully.

## **Employ great decision-making skills**

Figure out the problem, identify possible solutions, name the pros and cons, and then decide on the best solution.









